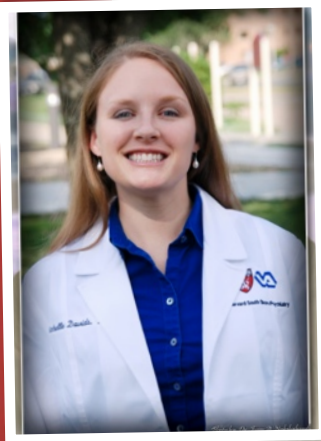




# HARVARD SOUTH SHORE PSYCHIATRY RESIDENCY PROGRAM



## MICHELLE DAVIDS, DO

Dr. Davids graduated from the Chicago College of Osteopathic Medicine. Prior to medical school she studied the psychobiology of addictions at the Indiana School of Medicine and co-authored publications in the Journal of Pharmacology and Experimental Therapeutics and in Alcoholism: Clinical and Experimental Research. When not working she enjoys traveling both near and far and spending time with her husband and dog.

### WHY HSS?

"I wanted to train in an academic environment with a lot of energy. I was and continue to be very impressed with the accomplishments of the current residents and recent graduates of the program."

## BRIGITTE ESPINOZA, MD

Dr. Espinoza is a practicing Urologist from Peru. She graduated from the Universidad Nacional Federico Villarreal and completed a Urology residency at the Hospital Nacional Edgardo Rebagliati Martins. She came to the United States and completed her urology oncology fellowship at Moffit Cancer Center, Tampa. In addition, she contributed to prostate and bladder cancer research. Her real passion, however, lies in psychiatry, and she is eager to pursue her interest at HSS. Dr. Espinoza is also a professional Marinera dancer; an elegant Peruvian dance.

### WHY HSS ?

"HSS is a dynamic residency program that challenges me to achieve my full potential. During my interview at HSS I was thoroughly impressed with the faculty, and all of the residents looked happy, supportive, and satisfied with the program. Overall, HSS is a well-structured program that emphasizes both clinical practice and research. It provides exposure to a diverse patient population and a wide range of mental health disorders. Residency is a pivotal moment in my life, and at HSS I will gain the knowledge and experience necessary to become the caliber of psychiatrist that I have always wanted to be."



## USAMA FEROZE, MBBS



Dr. Feroze is a graduate of Allama Iqbal Medical College, Pakistan; one of the top medical schools in the country. He came to the United States in 2006 and later joined the Division of Nephrology at Harbor UCLA to work on a research project entitled "Anxiety and Depression in Chronic Dialysis Patients". His research further developed his interest in psychiatry, which he hopes to pursue at HSS. During his spare time, Dr. Feroze enjoys having lively discussions about social and philosophical issues, playing sports, and spending time with his friends and family.

### WHY HSS?

"The most fascinating thing about this program is the diversity. People from different cultural backgrounds work as a team with the common goal of providing excellent patient care. Strong academics, a multi-cultural patient population, and a friendly environment are all reasons why I chose to come here."

## FIRAS NAKSHABANDI, ABPsych, MBBS

Dr. Nakshabandi is a graduate of King Saud University, Saudi Arabia. He is an Arab Board certified psychiatrist, having completed a psychiatry residency in Saudi Arabia. He is also the recipient of the Saudi Ministry of Higher Education scholarship, providing him an opportunity for further training in the United States. In addition, he is a registered clinical hypnotherapist with the General Hypnotherapy Registrar of Great Britain. He is fluent in both English and Arabic, and has experience in lecture translation and as an interpreter. His clinical interests include cultural psychiatry, child & adolescent psychiatry, and psychotherapy. He is also looking forward to teaching. An advocate for cross-cultural understanding, he is currently writing a book on cultural aspects of psychiatry in Saudi Arabia. He has a wide variety of interests including photography, composing music, travel, learning different languages, and he has recently been attempting to paint.



### WHY HSS?

"To be perfectly honest, the main reason I chose Harvard South Shore was first and foremost the Harvard name and what it represents internationally: The highest level of education. What was really exciting for me personally was the chance to work with such a diverse group of people; be it with regards to culture, race, educational background or research and clinical experience. It is a very broad representation of humanity and it just makes showing up for work something to look forward to. Not only is it a rich environment to draw from educationally and experientially but it also fosters tolerance and understanding, traits essential to any good psychiatrist. I can honestly say we have a great group of residents, we go out of our way to create a tightly knit group, and I think we share many common traits including the desire for a quality education, leadership skills, ambition and mutual respect."

## ANOTHAI SOONSAWAT, MD



Dr. Soonsawat graduated from Prince of Songkla University, Thailand. While in medical school, he volunteered to be a co-writer and editor of the psychiatry chapter in a published extern handbook. He was also a co-founder of the University medical bookstore. He worked as a primary care physician for three years in Thailand, but later realized that his real passion lies in treating the mentally ill, especially the geriatric population. He loves the art of coffee tasting and scuba diving, which is his number one hobby!

### WHY HSS ?

"When choosing a residency program there are two things that I look for: First, I want to train in an academic environment. Second, I prefer to work in a program that provides a close-knit, family-like atmosphere. If you are looking for something similar, I highly recommend this program!"

## GEN TANAKA, MD

Dr. Tanaka graduated from Keck School of Medicine, USC, and received his undergraduate degree from Carnegie Mellon University. He conducted research on epigenetics examining the effects of psychotropic drugs on DNA methylation at the University of Tokyo. He reads and writes Japanese at the graduate school level and holds a black belt in Ashihara-ryu karate.

### WHY HSS?

"In choosing a residency program, there were three factors that were vital to me: the quality of training, the academic environment, and the opportunities that the program provides for the future graduates. Harvard South Shore's curriculum is led by prominent Harvard psychiatrists both for didactics and clinical training, as well as mentorship in the specialty of your interest. HSS is an academic program, but unlike many other academic programs, there is a strong emphasis on nurturing close relationships among the residents and faculties, which gives a family-feel to the program. Moreover, the graduates of HSS enter competitive fellowships after graduation, opening many doors for the future. This is a program where I can say, 'I am happy to be here.'"



**HARVARD SOUTH SHORE**

## MICHAEL TANG, DO, MPH



Dr. Tang received his dual degree in Doctor of Osteopathic Medicine and Master of Public Health from Touro University California. While in medical school, he conducted research on various topics including the spontaneous induction of prophages in Salmonella and a multi-drug resistant Acinetobacter outbreak in a local community hospital. Prior to starting medical school, he was a microbiologist at BioWatch, a federal environmental monitoring program where he had a chance to work with B. anthracis and Influenza A. His interests in psychiatry stem from his clinical experiences as a medical student. He wants to further explore the fields of Psychosomatic Medicine and Addiction Medicine. After his residency training, he hopes to work for the public sector and promote mental health awareness. Outside of medicine, he enjoys snowboarding, hiking, traveling, and spending time with his family and friends.

### WHY HSS?

"I chose HSS because I wanted to have the opportunity to work and learn from some of the brightest minds in psychiatry. I also love the cultural diversity of our program, which helps me break down stereotypes and appreciate other cultures. Finally, I always wanted to explore the East Coast, and here I am!"

## ERIC TUNG, DO

Dr. Eric Tung graduated with honors from Western University of Health Sciences in sunny Southern California. During medical school, he served as the Regional 6 co-chair of the Psychiatry Student Interest Group Network: PsychSIGN (which governs the entire state of California), and hosted the Annual National PsychSIGN conference in Hawaii alongside the APA in 2011. He advocated for medical students and successfully acquired two seats in the American Psychiatric Association (APA) committee for all medical students. During his third year in medical school, he worked on a research project which looked at the efficacy of horticultural therapy on patients with mental illness, and later published his findings in the 2010 PsychSIGN National conference. His interest in psychiatry has been both clinical and research based, but he would like to expand his passion in psychiatry to the realm of teaching in the future. During his spare time he enjoys traveling, movies, outdoor activities, photography, and instrumental music.



### WHY HSS ?

"I wanted to be trained in a program that focuses on teaching, especially on how to treat a diverse patient population. Harvard South Shore provides all of the above (Wednesdays are protected and dedicated to didactics for the whole day). In addition, it provides exceptional opportunities for leadership and research that are parallel to none. I find working with my co-residents and faculty to be a very enjoyable experience, and I can truly say 'I am happy where I am.'"